

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	toast with butter and jam or Nutella or honey	muesli / cornflakes	scrambled eggs	milk bread with butter and jam	yoghurt with fruits	boiled egg bread with butter	ham and eggs
	hot chocolate	orange juice	tea with lemon or milk	coffee with milk	hot chocolate	fruit juice	fruit tea
Lunch	cheese gnocchi + mixed salad	clear soup with pancake stripes + pancakes with jam	Gulasch with potatoes + bread	grilled chicken + French fries	fish with boiled potatoes + salad	Viennese Schnitzel with rice	roast beef with onions served with dumplings
Snack	crisps	oranges	apple strudel	chocolate	chocolate cake	apple	banana bread
Dinner	bread with ham and cheese	roll with salami	sausage salad	toast with ham and cheese	baked potato with dip	Kaiserschmarrn with apple sauce	vanilla pudding
Drinks	water, sparkling water, fruit juices, soft drinks						