



Erasmus+



GYMNASIUM OF PLATYKAMPOS

SCHOOL YEAR: 2021 - 2022

# Three Times Health is Happiness

## “3h = H”

**4<sup>th</sup> Meeting Learning/Teaching/Training Activities**  
**Platykampos – Larissa – Greece**  
**From 3<sup>rd</sup> to 9<sup>th</sup> of April 2022**

### **Program**

#### Sunday, 03 April 2022

Arrival of the delegations

Teachers and students will go to the hotel.

#### Monday, 04 April 2022

10:00 Teachers and students depart from the hotel by bus.

10:30 Official welcome from the school – Authorities.

11:00 Guided school tour.

11:30 Watch the 1<sup>st</sup> video (P18) about the situations of bullying at school.

11:45 Workshop – Looking for solutions to the problems of the videos.

12:15 Watch the 2<sup>nd</sup> video and compare solutions.

13:45 Departure from the school to the hotel.

Free afternoon.

#### Tuesday, 05 April 2022

08:45 Trip to Meteora.

10:30 Visit of the Digital View Center in Kalampaka.

12:00 Visit of the Monastery of St. Stephane.

14:30 Lunch at Trikala

16:00 Return from Meteora.

Free afternoon

#### Wednesday, 06 April 2022

08:30 Guided visit of Larissa.

10:00 Departure to Volos.

12:00 Visit of the traditional village of Makrinitza.

13:30 Departure to Volos.

14:00 Lunch at the port.

15:30 Visit of the port – Free time.

18:00 Return to Larissa.

Free time.

Thursday, 07 April 2022

10:00 Teachers and students depart from the hotel by bus to school.  
10:30 Students will present the results of the survey about friendship.  
11:00 Presentation of a video about friendship (Spain)  
12:00 Activity for friendship.  
12:00 Teacher's meeting to discuss about the project.  
14:00 Farewell Lunch at school.  
16:30 Return to Larissa.  
Free afternoon.

Friday, 08 April 2022

10:00 Teachers and students depart from the hotel by bus to school.  
10:30 Activities at school.  
13:00 Return to Larissa.  
Free afternoon.

Saturday, 09 April 2022

Departure of the delegations.



Healthy,  
Happy